



# CHURCH *of the* HOLY CROSS

631 South State Street  
Dover, Delaware

302 674 5787  
holycrossdover.org

522 Main Street  
Marydel, Maryland

410 482 7687  
iccmarydel.org



## IMMACULATE CONCEPTION

March 12, 2023

3rd Sunday of Lent

holy cross

### PARISH OFFICE HOURS

School Year, Monday-Friday, 8:30 am-3:30 pm  
Summer, Monday-Thursday, 9 am-1 pm

### SCHOOLS OFFICE HOURS

School Year, Monday-Friday, 8 am-3:30 pm  
Summer, Monday-Thursday, 9 am-1 pm

### SUNDAY MASS SCHEDULE

Saturday, Vigil, 5 pm  
Sunday, 7:30, 9:30, 11:30 am Spanish

### DAILY MASS SCHEDULE

Monday, Tuesday, Thursday, Friday and Saturday, 8 am

Wednesday – 8:15 am

Federal Holidays, 9 am only (Presidents Day, MLK Day, Memorial Day, Independence Day, Labor Day, Columbus Day)

### CONFESSION SCHEDULE

Saturday, 8:30 am – 10:00 am,  
Fridays in Lent, 5:30 pm

### ADORATION CHAPEL HOURS

Daily, 5 am – 9 pm

icc

### PARISH OFFICE HOURS

Monday, Tuesday, Thursday, 9 am-5 pm  
Closed Wednesday and Friday

### SUNDAY MASS SCHEDULE

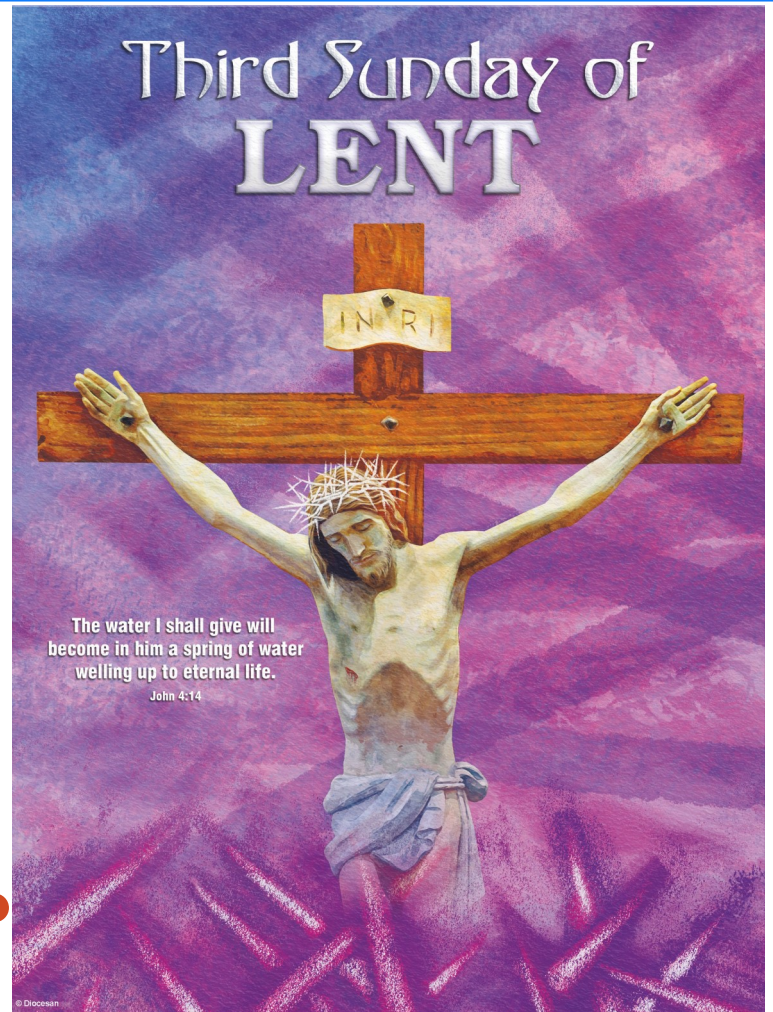
Sunday, 8:30, 11 am  
Sunday, 1 pm, Spanish

### DAILY MASS SCHEDULE

Thursday, 6 pm, Spanish

### CONFESSION SCHEDULE

Saturday, 9:30 am  
Thursday, 6:30 pm



### HOLY DAY SCHEDULE (HC AND ICC)

Mary, Mother of God, January 1  
Assumption, August 15  
All Saints' Day, November 1  
Immaculate Conception, December 8  
Christmas, December 25

*Mass schedules for Holy Days of Obligation and other special days will be printed in the bulletin as each one draws near*

## RECEIVING THE SACRAMENTS

*The seven Sacraments of the Church were instituted by Christ to confer grace.*

**Sacrament of Baptism.** Call the office to register for Parent Pre-Baptismal Instruction. For adults seeking to enter the Church and be Baptized, contact our Religious Education Office.

**Sacrament of Reconciliation (Confession).** Children in our religious education program and school are prepared for Confession at age seven as part of First Communion preparation.

**Sacrament of the Holy Eucharist.** Children in our religious education program and school are prepared for First Communion at age seven. Adults seeking First Communion should contact our Religious Education Office. To request a visitation for Holy Communion to the Sick, contact our parish office.

**Sacrament of Confirmation.** Young people in our parish are prepared for reception of Confirmation in the ninth grade (age 14). Adults seeking Confirmation should contact our Religious Education Office.

**Sacrament of Marriage.** Couples planning for Marriage are to contact a parish priest or deacon one year in advance to set the wedding date and plan for pre-Cana instruction.

**Sacrament of Holy Orders.** If you believe you have, or someone you know has, a vocation to the Priesthood or Diaconate, please contact one of our parish priests.

**Anointing of the Sick.** For the Sacrament of Anointing of the Sick, which is administered by a Priest, a person or an immediate family member must make the request. Late night requests may not be able to be answered until the next day.

## MARCH 17 ST. PATRICK'S DAY

Most Rev. William Koenig, Bishop of Wilmington, has issued a dispensation from the obligation of abstinence from meat on March 17, 2023 to all who are domiciled or physically present in the territory of the Diocese of Wilmington. All who choose to enjoy this dispensation are exhorted to undertake a work of charity, an exercise of piety, or an act of comparable penance on some other occasion during the Third Week of Lent.

### LENT

**The rules for fasting an abstinence for Lent are as follows:**

- Every person 14 years of age or older must abstain from meat (and items made with meat) on Ash Wednesday, Good Friday, and all the Fridays of Lent.
- Every person between the age of 18 and 60 must fast on Ash Wednesday and Good Friday.
- Every person 14 years of age or older must abstain from meat (and items made with meat) on all other Fridays of the year, unless he or she substitutes some other form of penance for abstinence.

## WEEKLY OFFERING (HC)

Ending February 26, 2023

OFFERTORY TYPE	RECEIVED	BUDGETED/ NEEDED	DIFFERENCE
Regular	\$23,907	\$27,225	(\$3,318)
YTD	\$932,968	\$961,000	(\$28,032)
Needs	\$1,702	\$1,604	\$989

## WEEKLY OFFERING (IC)

Ending February 26, 2023

OFFERTORY TYPE	RECEIVED
Regular	\$4,194
Second Collection	\$427

**Thank you to all advertisers in our bulletin.**

**We appreciate your support!**

**If you know of someone who would like to advertise in the bulletin, please contact**

**Diocesan Publications at 800-233-8200.**

Dear Parishioner,

Every once in a while, the Church has a special Sunday on its calendar. Next Sunday, which will be the Fourth Sunday of Lent, is one of those special Sundays. Now in the scheme of things, perhaps the most famous “special Sunday” would be, of course, Easter Sunday. But there is also Divine Mercy Sunday (the Sunday after Easter), Gaudete Sunday (two Sundays before Christmas), Trinity Sunday, Pentecost Sunday, and several others. What’s my favorite Sunday? Well, there are so many, but I would have to say that Friendly’s Cookie Dough Ice Cream Sundae tops my list (with Friendly’s Reese Pieces Sundae a close second).

**Half-Time.** Anyway, getting back to non-fattening Sundays: Next Sunday our parish and the Universal Church will be observing the Fourth Sunday of the Season of Lent – a Sunday that is commonly referred to as Laetare Sunday. Here on this current Third Sunday of Lent, we are a little bit shy of having hit the half-way point of Lent, but next Sunday, we will have passed that half-way point of Lent. And while that means we are drawing closer to the ignominy of Good Friday, more significantly we are drawing closer to the glory of Easter, the day of Resurrection.

**Who’s on Fourth?** So, what’s the deal with next week’s Laetare Sunday? What is *laetare*? What does it mean? Why is it on the Fourth Sunday of Lent, and not the third or the fifth? Let’s start with the basics: The term “*laetare*” used to describe the Fourth Sunday of Lent, means “rejoice.” Where does this Latin word come from, and why is it used for that Fourth Sunday of this holy season? These are two very interesting questions and here are two, I hope very interesting, answers:

1. **Where do we get the word Laetare?** Well, the Latin word *laetare*, as is used to describe the Fourth Sunday of Lent, is taken from the entrance antiphon that would be said at the beginning of Mass next Sunday (though it would only be heard at a Mass without music). That antiphon in Latin states: “*Laetare Jerusalem: et conventum facite omnes qui diligitis eam: gaudete cum laetitia, qui in tristitia fuistis: ut exsultetis, et satiemini ab uberibus consolationis vestrae.*” In our Mass, in English, this translates to: “Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast.” So, in Latin, the first word one would hear at Mass next Sunday would be “*laetare*” – hence giving that day its special traditional name... it is one of the only times

(if not the only time) during Lent that the word “rejoice” is used.

2. **Why is this name, Laetare Sunday, used for the Fourth Sunday of Lent?** Perhaps the better question might be: Why are we rejoicing in the middle of Lent? Well, back-in-the-day, Laetare Sunday day marked a special reprieve from the disciplines of Lent; it marked a time to recognize that joyful day of Resurrection for which Lent prepares us. The French used to call the Fourth Sunday of Lent *mi-careme*, meaning “mid-Lent” – kind of like a time for a pause, a breather – it is Lent’s equivalent of a Super Bowl half-time show (but without the likes of Rhianna, the Red-Hot Chili Peppers or Tom Petty). It’s kind of like driving down Route 1 after an exhausting day, it’s 10pm, you’re looking forward to getting home – and you see a sign that says “Dover – 10 miles;” you’re not home yet, but you’re getting close... something to rejoice about.

**Wedding Day?** With this context of the *Laetare Sunday* in mind, there are many traditions that have been born of that day’s rejoicing element. For example, years ago when it was common not to have weddings during Lent, on Laetare Sunday, you could have weddings. Similarly, back-in-the-day on Laetare Sunday, servants would be allowed the day off to go visit their mothers and families. As a result of this practice of visiting one’s mother on the Fourth Sunday of Lent, Laetare Sunday became identified in some countries as “Mothering Sunday.”

**Mother’s Day?** This custom of “Mothering Sunday” was nuanced further in 16th century England, when on *Laetare* Sunday servants (and others) in addition to visiting their mothers, began to go with their mothers to their “Mother Church” for Mass – this usually meant going to the Cathedral of their Diocese (which is deemed the Mother Church of any diocese). Of note, in the United Kingdom and Ireland, Laetare Sunday, as a result of this connection with Mothering Sunday, is now the day these nations celebrate Mother’s Day. So, if your mum lives in the United Kingdom or Ireland, you have one week from today to get her a gift.

**Donny & Marie and the Color Rose.** On Laetare Sunday, the Church shows its joyfulness (its rejoicing) by lifting the requirement for Priests and

## HC & ICC CLERGY

Vy. Rev. James S. Lentini , V. F.	Pastor
Msgr. Daniel McGlynn	Pastor Emeritus
Rev. Brennan Ferris	Parochial Vicar

## HC CLERGY

Mr. Philip Belt	Deacon
Mr. John Harvey	Deacon
Mr. Richard Kosior	Deacon
Mr. Robert McMullen	Deacon
Mr. Vincent Pisano	Deacon

## ICC CLERGY

Mr. Sherman Mitchell	Deacon
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## HC STAFF

Parish Office	302 674 5787
Jane Green	Receptionist, ext. 110
Diane Belt	Assistant to the Pastor, ext. 113
Kenneth Trojan	Business Manager, ext. 119
Michele Dornberger	Records/Asst. Bus. Mgr., ext. 116
Arline Dosman	Dir. of Hispanic Ministry, ext. 118
Tammy Korosec	CRE Religious Ed, ext 122
Linda Darling	Youth Ministry, ext. 123
Justin Wurzel	Maintenance Director
Len Dornberger	Cemetery Administrator, ext. 135
Michael Perza	Dir. of Music Ministry, 302 698 9302

## MAILING ADDRESS

*Church of the Holy Cross*  
631 S. State St.  
Dover, DE 19901

## ICC STAFF

Parish Office	410 482 7687
Marilyn Dixon	Office Manager
Alicia Poppiti	DRE Religious Ed.
Susan Venezia	Bookkeeper
Arline Dosman	Dir. of Hispanic Ministry

## MAILING ADDRESS

*Immaculate Conception Church*  
P. O. Box 399  
Marydel, MD 21649-0399

## HOLY CROSS SCHOOL

Catholic Education Pre-K3 to Grade 8  
302 674 5787  
[holycrossdover.org/school](http://holycrossdover.org/school)

Linda Pollitt	Principal, ext. 111
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## MAILING ADDRESS

*Holy Cross School*  
631 S. State St.  
Dover, DE 19901

## NEWLY REGISTERED (HC)

Welcome to our newly registered members:

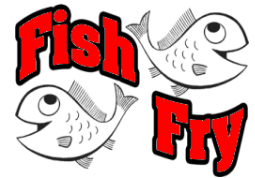
- Renata Dziegielewski
- Dorothy Banach
- Dana Papenhausen, Brenden and Silas Bryson

## HOLY CROSS CEMETERY

The Cemetery website has been revamped with new features and updated information. Go to: [holycrossdover.org/about-us/cemetery](http://holycrossdover.org/about-us/cemetery)

## FISH FRY

Fish Frys will take place each Friday during Lent in the Parish Hall hosted by the Knights of Colum-



bus. Dinners will be served in the Parish Hall from 4 pm to 7 pm. Menus will be posted in the bulletin each week. On Friday, March 17, the menu will be fried cod, baked flounder, mac and cheese, stewed tomatoes, green beans, and dessert. Cost is \$15 a plate.

## EXTRA RECONCILIATION TIME DURING LENT

During the Fridays in Lent, reconciliation will be available from 5:30 pm to 7:00 pm at Holy Cross. One priest will be available each week during that time to hear confessions.

## STATIONS OF THE CROSS

Holy Cross and Immaculate Conception will each offer the Stations of the Cross each Friday during Lent at 7 pm.

## 4TH SUNDAY OF LENT (MAR 19)

**FIRST READING: 1 SAMUEL 16:1, 6-7, 10-13**

The spirit of the Lord seized on David and stayed with him from that day onwards.

**SECOND READING: EPHESIANS 5:8-14**

Walk in the light of the Lord and turn away from the darkness of sin.

**GOSPEL: JOHN 9:1-41**

Jesus gives the blind man new sight and the gift of faith.

## GOLF LEAGUE MEETING

A sign up meeting will take place on Wednesday, April 12 at 5 PM at Jonathan's Landing Golf Course Clubhouse. Nine-hole golf starts WEDNESDAY, April 19 through August 23. Two man teams: individuals will be assigned a partner. A \$50 registration fee includes weekly scorecards, software scorekeeping, end-of-season tournament prizes and a donation to the Holy Cross Youth Group. Maximum number of players is 44. For more information, call Phil Spampinato, 302-382-2979 or Wes Grau 302-270-8111.

## RACHEL'S VINEYARD

A Rachel's Vineyard Catholic Retreat will be held the weekend of April 21-23, 2023. This retreat offers emotional and spiritual healing for anyone who has struggled with the pain of abortion. Whether you are post-abortive or know someone who is, freedom awaits. Contact Nan Freeman at 302-463-7711 (call or text) or [lucyminn929@gmail.com](mailto:lucyminn929@gmail.com) by April 7.

## IRISH DINNER DANCE

Hosted by Knights of Columbus Council #4182  
 Music provided by: The Godfather of New England Doo Wop  
 Saturday, March 18th at 6pm  
 at the Columbian Hall  
 Cost \$40.00 per person  
 Contact Don Ryan  
 at [mairdon@verizon.net](mailto:mairdon@verizon.net) or go to our website [kofc4182.org](http://kofc4182.org) to pay online.

## FORTY DAYS FOR LIFE

This Lent make your special sacrifice to come pray to save the lives of both mother and child! You can make an impact.  
 When: Each Thursday, March 24 through Good Friday  
 Where: Planned Parenthood  
 805 S. Governors Ave., Dover  
 Time: 9:30 am — 11:30 am  
 Any questions, please contact Donna Latteri at 862-266-1099

## MASS INTENTIONS MARCH

<b>13 MONDAY</b>	
HC 8:00 am	Charles M. Stump
<b>14 TUESDAY</b>	
HC 8:00 am	Hans Crews
<b>15 WEDNESDAY</b>	
HC 8:15 am	Eugene and Elizabeth Belt
<b>16 THURSDAY</b>	
HC 8:00 am	Peter & Pauline Doroshenko
ICC 7:00 pm	For the People
<b>17 FRIDAY</b>	
HC 8:00 am	Jack Kelly & Joe Froscone
<b>18 SATURDAY</b>	
HC 8 am	Theodore Morris
HC 5:00 pm	(LI) Vincent Martino
<b>19 SUNDAY</b>	
HC 7:30 am	DM Fuski Family
ICC 8:30 am	Keith DeFrancesco
HC 9:30 am	Richard Saladino
ICC 11:00 am	Marie Hagood
HC 11:30 am	Clara Valdes
ICC 1:00 pm	For the People

(LI—LIVING INTENTION  
DM—DECEASED MEMBERS)

## MARRIAGE MOMENTS

John 9:1-4 focuses on blindness. (Watch for it!) You may already turn a "blind eye" to some of your beloved's faults and annoying habits. Good. That's progress. Are there any bad habits of your own that need some corrective attention?

## PARENTING POINTERS

In Jesus' day Jews and Samaritans were not friends but Jesus strikes up a conversation with a Samaritan woman (John 4:5-42). Sometimes it helps to reach out beyond our friends. As a family, seek out someone you might not normally encounter – perhaps someone of a different race or economic status than yourselves. Say "Hi." If possible, strike up a conversation.

HOLY CROSS MARCH 18/19

	EMHC		SERVERS
5:00 PM	J. Bieker	M. Sirolli	G. Coyle
	F. Ernst	N. Sirolli	M. Coyle L. Curley
<b>LECTORS</b>			
D. Dixon V. Viddy			
7:30 AM	C. Brown	J. Clendaniel	E. Bydlon
	J. Chandler	M. Jacobs	T. Catipay E. Wadhams
<b>LECTORS</b>			
R. Pritchett			
9:30 AM	T. Arndt	S. Lascano	A. Wilk
	D. Martinez	G. Richards	C. Wilk R. Willemin
<b>LECTORS</b>			
T. Baurys J. Coffield			
11:30 AM	T. Hernandez	M. Richard	
	E. Pastoriza		
<b>LECTORS</b>			
TBD			

IMMACULATE CONCEPTION

	J. Moore		
8:30 AM	<b>LECTORS</b>		
	J. Tormey, Jr.		
	J. Carrow		
11:00 AM	<b>LECTORS</b>		
	S. Tucker		
1:00 PM	TBD		

Thank you to all who help with our various ministries at Holy Cross and Immaculate Conception. We are truly grateful for your service to your parishes.

We are always in need of more Lectors, Extra-Ordinary Ministers of Communion, and Altar Servers.

Please call your parish offices if you would be interested in joining in with those who already serve.

ADORATION CHAPEL (HC)

Can you spare an hour to spend with Jesus? Our Adoration Chapel is open from 5 am to 9 pm Monday through Sunday. We have openings where you can spend quality time with Our Lord. Call Joann Pate today at 674-4496 to reserve a time for you.

SUNDAY	4 pm, 5pm
MONDAY	5 am, 5 pm
TUESDAY	5 am, 5 pm, 8 pm
WEDNESDAY	11 am
THURSDAY	5 am
SATURDAY	8 am, 12 pm, 1 pm, 2 pm, 7 pm, 8 pm

ADULT EDUCATION

The Bible in a Year  
In English: Father Mike Schmitz



<https://media.ascensionpress.com/all-bible-in-a-year-episodes/>

In Spanish: Fray Sergio Serrano



<https://ascensionpress.com/page:registration>

FROM THE DIALOG

Get the latest Catholic news sent free to your inbox. Sign up today for The Dialog newsletter, The Angelus. You'll receive our newsletter, The Angelus, with the latest diocesan news, spiritual columns and feature stories of interest to people in our schools and parishes. You'll also get breaking news alerts from TheDialog.org and information from our Dialog partners. To sign up, visit thedialog.org and click the "Get Our Newsletter" link at the top of every page. Type in your email address and you're done.

- Todos los miércoles estamos ensayando para las Estaciones de la Cruz, en la parroquia gemela de la Inmaculada Concepción en Marydel, comenzando el ensayo a las 7:00 pm. Todos los integrantes tienen que inscribirse ya sea conmigo o con la Sra. Alicia Poppiti. No se olvide de pedir su hoja de inscripción. Los que van a tomar el bus para la peregrinación el día 1 de abril tiene un costo de \$10.
- Peregrinación 2023 con el Obispo Koenig: El obispo Koenig invita a jóvenes, adultos jóvenes y familias de todas las parroquias y escuelas a unirse a él para la duodécima peregrinación el sábado 1 de abril de 2023. Peregrinos de por toda la diócesis llevarán la cruz peregrina diocesana por las calles de Wilmington con el Obispo como representación de la entrada de Jesús a Jerusalén y su camino el Viernes Santo hacia el Calvario. El día comienza en la parroquia de St. Elizabeth con la oración de apertura y un concierto de The Scally Brothers a las 10:00 am. Habrá confesiones y la Via crucis que los jóvenes de nuestras parroquias presentaran. Concluimos con la Misa de las 4pm en St. Elizabeth. El costo del día es de \$15 por persona o \$45 como máximo por familia (traiga su propio almuerzo). También hay una tarifa de \$ 10 por un autobús. Para registrarse en la parroquia de La Inmaculada Concepción, comuníquese con Alicia Poppiti al 410-482-8939 para obtener más información. Puede registrar a su familia por separado o por su cuenta también.
- Foro Cristiano todos los viernes de 6:00 – 8:00 pm en ELC. Venga escuche, participe y aprenda de nuestra Fe y como vivirla Con el Padre Brennan Ferris y el seminarista Jon Lenus
- **Arte y Ambientación**
- Buscamos a aquellos que voluntariamente deseen ayudar, cooperar y tengan la capacidad de trabajar alegremente en colaboración con otros es imprescindible, que quieran compartir los talentos que Dios les ha dado con sus hermanos y hermanas. Siempre teniendo presente en nuestras mentes y en nuestros corazones que todo lo que hacemos es solamente para la Gloria y honra de Dios. Metas y Propósitos: El Comité de Arte y Ambientación trabaja para crear un ambiente especial de bienvenida en la iglesia para el culto durante todo el año litúrgico. Decoramos apropiadamente con decoro y amor la iglesia durante todo el año para proporcionar un lugar apropiado, hospitalario, conmovedor y estimulante listo para encontrarnos con Cristo en la Eucaristía y con nuestros hermanos. Responsabilidades: Quienes participan en Arte y Ambientación trabajan bajo la dirección del párroco a través de la Oficina parroquial con la directora del Ministerio Hispano y el coordinador de liturgia y culto. Este es un ministerio estacional, lo que significa que nos reunimos según sea necesario para preparar a la iglesia con anticipación a cada tiempo litúrgico (Adviento, Navidad, Tiempo Ordinario, Cuaresma, Semana Santa, Pascua, Pentecostés) y para eventos litúrgicos especiales Primera Comunión y Confirmación. También estamos llamados a bajar y quitar después de cada tiempo litúrgico y prepararnos para la siguiente, limpiar y organizar el lugar de trabajo y donde se guardan las cosas. **TODOS ESTAN INVITADOS A COLABORAR, LA IGLESIA ES DE TODOS.**

## ICC- EDUCACIÓN

### CONFIRMACION DE JOVENES

Sexta Sesión es el Domingo, 12 de marzo, a las 2:30-5pm en el Salón Parroquial. Todas las tareas, y asignaciones hay que entregarlo

### Clases de Primera Comunión en ICC

Quinta Sesión es el martes 21 de marzo de 6:30 – 7:30 en el salón

### RELIGIOUS EDUCATION (HC)

Next Class 3/12/2023 3 to 5 pm

Next class 3/26/2023

Interested in enrolling a student in Religious Education? Registration forms available at [holycrossover.org/teaching-the-faith/christian-formation/k-8-formation](http://holycrossover.org/teaching-the-faith/christian-formation/k-8-formation)

If you have any questions contact Tammy Korosec either 302-674-5787 x122 or [tkorosec@holycrossover.org](mailto:tkorosec@holycrossover.org)

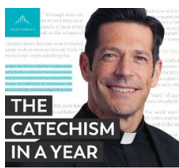
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### LAFF (Living as a Family of Faith Catechesis)

Next class March 12, 2023 at 10:30 am in the Matthew/Mark Room in the Early Learning Center. Interested in enrolling a student in LAFF? Contact Tammy Korosec.

### ADULT FORMATION OPPORTUNITIES (HC)

The Catechism In a Year



[www.ascensionpress.com/pages/catechism-in-a-year](http://www.ascensionpress.com/pages/catechism-in-a-year)

### YOUTH PROGRAMS AT HOLY CROSS

#### Confirmation Class:

Next class is 3/12/23 at 3:30 pm or 3/15/23 at 6:00 pm.

#### Purse Bingo:

Tickets are almost gone— just a few remain. Please join us for our annual Purse Bingo fundraiser on Saturday, March 25. Doors open at 6 pm and Bingo begins promptly at 7 pm. Email [ldarling@holycrossover.org](mailto:ldarling@holycrossover.org) to reserve your spot. Cost is \$30 per person - includes snacks and non-alcoholic beverages. Cash Bar with beer and wine available.



### CATHOLIC HEART CAMP COMING TO DOVER

Catholic Heart Camp will be coming to Holy Cross from June 19 to June 22. Anyone who needs assistance with painting, yard work, light repairs, etc., please call Linda Darling at 302-674-5787, ext. 123, or email her at [ldarling@holycrossover.org](mailto:ldarling@holycrossover.org).

### SRE AT IMMACULATE CONCEPTION

**Rice Bowl:** THIRD WEEK OF LENT FROM FARMING TO FISHING Raul and Rhodora were coconut farmers in their town in the Philippines, but it took a lot of work before they made money. They participated in a Catholic Relief Services program that helped them build their own fishpond to raise and sell fish. The fish provide nutritious food for their family and more accessible income, enabling Raul and Rhodora’s granddaughters to attend school. What changes have you made in your professional, personal or spiritual life that have benefited others? Visit [crsricebowl.org](http://crsricebowl.org) to learn more.

**First Communion classes Immaculate Conception:** Third Session is Tuesday, March 21st 6:30-7:30 pm in the ICC hall

**Youth Confirmation for Immaculate Conception:** Sixth Session is Sunday, March 12, at 2:30-5 pm in the Parish hall. This will be final session for the Sacrament. All paperwork due this day

### DIOCESAN PILGRIMAGE: (HC AND ICC)

Bishop Koenig invites youth, young adults, and families from all parishes and schools to join him as we come together for the twelfth Pilgrimage on Saturday, April 1, 2023. Pilgrims from across the diocese will carry the diocesan pilgrimage cross through the streets of Wilmington with the Bishop as a representation of Jesus’ entry to Jerusalem and His journey on Good Friday to Calvary. The day begins at St. Elizabeth parish with opening prayer and a concert featuring The Scally Brothers at 10:00 am. We conclude with the 4pm Mass at St. Elizabeth. Don’t miss this great opportunity to wrap up your Lenten journey with hundreds of your peers. Cost for the day is \$15 per person or \$45 max per family (bring your own lunch). There is a \$10 fee for the bus.

**For Holy Cross:** To register, please contact Linda Darling at [ldarling@holycrossover.org](mailto:ldarling@holycrossover.org). For more information, visit [www.cdowcym.org](http://www.cdowcym.org). Registration deadline is March 20, 2023.

**For Immaculate Conception:** To register, please contact Alicia Poppiti 410-482-8939 at Immaculate Conception for more information. You may register your family separately/on your own as well.



Old habits are hard to break. I consider myself as having a rather strong resolve, but it doesn't seem to matter the Lenten promises or the New Year resolution, I weaken and cannot carry through my determination to make certain lifestyle changes. Speaking only for myself, it is because of my lifestyle that I cannot make lifestyle changes. Does that make any sense? One of the questions always asked of me at the time of my annual physical concerns my diet; do I eat healthy foods? My answer is always the same. "Yes, I eat very healthy foods all of the time, but my dietary habits are poor." The technician always asks how many hours of nightly sleep I get. Sometimes I stretch the truth when I respond saying that the number of hours seems sufficient for me. My less than desirable sleep and dietary habits have been a part of my lifestyle for nearly fifty years. Habits formed during my college years are not going under any reformation now. Enough about me. I use myself merely as an example.

*My concern is for my young friends attending Holy Cross School.*

My friend Susie Q. walks into the office with the tell-tale sign of a Nurse form. "My belly hurts." "I have a headache" are two common complaints. "My throat hurts" is another. There are a myriad of reasons for the headache or tummy ache. When Susie Q walks into Mrs. Kolakowski's office, the battery of questions begins. "Did you have breakfast?" "Did you drink any water today?" "Would you like to lay down for a few minutes and let's see how you feel in a little bit?" Susie Q. accepts the suggestion. The welcoming routine includes a reading of the temperature. Perhaps a deeper dive into recent restroom usage is in order. It's alarming the number of students who respond in the negative to the breakfast and hydration question. It's sad when a child attempts a bowel movement with no success. The greater majority of our students come to school with a water bottle and fancy ones at that! But, how much is actually being consumed? Nutrition is oh so important. I've addressed this before. There is an old adage that says breakfast should be fit for a king, lunch fit for a prince, and dinner for a pauper. I'm not sure of the wisdom in all of that when it comes to children; but the allusion to the quality of and need for breakfast should be taken seriously. It's our kickstart to the day following a good night's sleep. A good night's sleep?? Oh my, many of our students confess to playing video games well into the night before falling asleep. Many choose to read instead of sleep, others are communicating with friends over social media. What is the impact of all of this on the level of fatigue at 8:00 am when we are praying and starting the instructional part of the day? And what is the impact on their classroom performance when they haven't had a morning meal or are inadequately rested? I hope that our young children are not forming similar dietary and sleep habits to those I formed as a young adult and have been unsuccessful in my attempts to change. Poor habit formation at such a tender age is a true source of worry for us.

*Our students love Mrs. Kolakowski. Her ear to listen, a band-aid needed or not, a couple of crackers or a small can of ginger-ale are always at the ready.*

Added to the list of concerns for our students is their level of anxiety. This is another frequent cause for a visit to the nurse. It might be hidden under the guise of a tummy ache, or a sore throat, but our students, be they youngest, only, or oldest come to school with anxious feelings that are often masked from others. We do not have a resource to consult in matter such as these, but it must be conceded that these matters are real to them. I've often said that the most important thing is the perception of the child. If it's a big thing for them, it's a big thing for us. Our teachers, with hearts bigger than Texas and patience longer than a mile, attempt their best to help with coping mechanisms, a shoulder to cry on, suggestions on moving forward, or a promise to help find a solution. Anxiety takes so many different forms; we see test anxiety, separation anxiety, or what appears as general sadness caused by hurt feelings or friendship squabbles, or more serious and troubling is childhood depression. And so when a visitor enters the office of Mrs. Kolakowski, it's not just the topical wound that is treated, but rather the whole child. It's not just the few crackers, but the meaningful conversation that might stem from a simple "how can I help you today?"

*If I might, on behalf of Mrs. Kolakowski, the faculty and staff who, along with the family, form the complete team in the care of the whole child....mind, body, and spirit, if and when symptoms of physical illness manifest themselves we'd like to strongly encourage keeping the child at home. We would also like to send the friendly reminder that the child must be fever, vomit, and diarrhea free for a full twenty-four hours prior to returning to the classroom.*

Please don't misunderstand the intent of my words, I point no finger, and I cast no aspersions upon anyone. The child today carries a lot. They don't have life's experience to help them cope when a tummy ache, a headache, or an emotional upset is at their forefront, instead of the task at hand in the classroom.

So how about a little peanut butter on a slice of whole grain bread, fold it in half, grab a banana, head out the door and off to school you go. Hey, it beats an empty tummy.

Deacons to wear Lenten violet-colored vestments which carry a penitential tone. Instead, as you will see next Sunday, they are given the option to wear rose-colored vestments. Rose is an interesting choice of color: It is not quite the white of Easter (which is not yet here) nor is it the violet of Lent (penitential color). Rather, it's a little of both –to use an arcane Donny and Marie Osmond reference from the 70s, it's a little bit country, it's a little bit rock'n'roll. You see, rose, which is the color of joy in our tradition, is a mixture of sorts of the Easter White and Lenten Violet.

**Floral Arrangements.** And in the category of “this is how traditions are born” – Laetare Sunday also used to bear the informal name of “Rose Sunday.” That moniker was born of dual traditions: During first few weeks of Lent the Pope would send a golden rose to all of the Catholic monarchs of Europe, and the Fourth Sunday of Lent, the local Bishop would bless that rose for the monarch, and by no accident he would bless it while wearing – you guessed it – rose colored vestments. That tradition has long faded, and so the Catholic Kings and Queen of Europe might lament in song to Pope Francis: “*You don't bring me flowers anymore!*”

**A Rose by Any Other Name...** In this whole reflection on the observance of Laetare Sunday, and use of “rose” I want to make note of something quite interesting. I deem it a beautiful coincidence, that in English the word “rose” (the color or the flower) and the verb “rose” (as in the past tense of “rise”) are both connected to *Laetare* Sunday: We use rose (the color) to remind us of the coming glory of Easter (when Christ rose from the dead).

**About the Yeast and the East.** However, that connection of words is mere linguistic coincidence. You see, the word for “rising” or “rose” in Latin and the romance language looks nothing like “rose” – in Latin, for example, the word for rising is *resurgam*. While in French and Spanish it is *lever* and *levantar*, respectively. And it is from those last two words we get “leaven” which is a yeast-like ingredient that makes baked goods rise when cooked. More significantly, the French and Spanish *lever* and *levantar* are also connected to the word “*Levant*.” The Levant refers to the area in the east end of the Mediterranean Sea, in and around Israel. It means the place of the rising of Christ (in the Near East); thus Israel, Jordan, Lebanon, Syria, western Iraq and northeastern Egypt would be included in that area that surround the place of the Resurrection.

And so, next week, as we gather to celebrate *Laetare* Sunday, let's take our eyes away from the rigors of the Season of Lent for a moment, and consider the salvation won for us. Next Sunday, *Laetare* Sunday, look across the desert experience of Lent, to the horizon, where in the distance we see the cross at Calvary, and just behind it the light of the joy of Easter. Prepare to rejoice!

Yours in Christ,  
Fr. James Lentini  
Pastor

Answers to Last Week's  
Crossword Puzzle are to  
the right.

